

38. Koberstädter Wald-Marathon

Ergebnisliste AK (Netto) 10 km



| AKPI | Startnr. | Name | m/w | Verein/*Ort | Zeit-Brutto | Zeit-Netto |
|------|----------|------|-----|-------------|-------------|------------|
|------|----------|------|-----|-------------|-------------|------------|

10 km

w

Frauen

| | | | | | | |
|----|-----|----------------------|---|---|---------|---------|
| 1 | 827 | Lena Berg | w | engelhornsportteam - TV Schriesheim | 41:36 | 41:35 |
| 2 | 8 | Heidemarlen Büttgens | w | Oberursel | 50:25 | 50:24 |
| 3 | 216 | Marina Arndt | w | *Guntersblum | 51:05 | 51:01 |
| 4 | 662 | Marlene Gerlach | w | LuT Aschaffenburg | 51:34 | 51:26 |
| 5 | 463 | Ulrike Roder | w | *Darmstadt | 1:00:24 | 1:00:15 |
| 6 | 675 | Lisa Schmiech | w | *Darmstadt | 1:01:19 | 1:01:07 |
| 7 | 396 | Eva Hüneke | w | *Darmstadt | 1:01:28 | 1:01:16 |
| 8 | 515 | Natalie Beißel | w | SG Egelsbach | 1:03:38 | 1:03:28 |
| 9 | 398 | Nadja Brümmer | w | Nowalala Offenbach | 1:03:54 | 1:03:43 |
| 10 | 405 | Svenja Urban | w | *Langen | 1:04:43 | 1:04:35 |
| 11 | 622 | Kaja Steindl | w | MTV Kronberg | 1:05:29 | 1:05:19 |
| 12 | 565 | Marlene Heilmann | w | *Darmstadt | 1:08:05 | 1:07:42 |
| 13 | 454 | Marielle Jakob | w | Forum Sprendlingen Nord e.V. - Forum Racers | 1:08:13 | 1:07:57 |
| 14 | 842 | Susanne Heilmann | w | *Darmstadt | 1:10:17 | 1:09:55 |

Seniorinnen W30

| | | | | | | |
|---|-----|----------------|---|----------------------|---------|---------|
| 1 | 711 | Evi Bodman | w | *Neu-Isenburg | 57:15 | 57:06 |
| 2 | 440 | Julia Wetzl | w | Sge Triathlon | 59:03 | 59:00 |
| 3 | 602 | Jana Begitt | w | SG Egelsbach | 1:00:07 | 59:46 |
| 4 | 400 | Claudia Küster | w | SPORTHÜBNER-Laufteam | 1:10:35 | 1:10:22 |
| 5 | 202 | Laura Voigt | w | *Assenheim | 1:11:25 | 1:11:07 |

Seniorinnen W35

| | | | | | | |
|----|-----|--------------------|---|------------------|---------|---------|
| 1 | 826 | Stephie Bauer | w | *Mainz | 52:56 | 52:54 |
| 2 | 706 | Franziska Rausch | w | *Darmstadt | 56:23 | 56:15 |
| 3 | 183 | Diana König | w | SG Egelsbach | 58:21 | 58:15 |
| 4 | 851 | Susanne Battenberg | w | *Frankfurt | 59:10 | 59:04 |
| 5 | 510 | Marita Keller | w | Pfälzer | 59:36 | 59:24 |
| 6 | 606 | Laura Kohm | w | Frei-Laufen | 1:01:10 | 1:00:53 |
| 7 | 464 | Sonja Weis | w | *Bensheim | 1:05:48 | 1:05:36 |
| 8 | 145 | Olga Romainczyk | w | *Hanau | 1:05:53 | 1:05:39 |
| 9 | 488 | Annette Dankmeier | w | *Frankfurt | 1:10:47 | 1:10:38 |
| 10 | 720 | Kerstin Kirchberg | w | *Bad Homburg | 1:11:08 | 1:10:47 |
| 11 | 190 | Aline Huber | w | *Egelsbach | 1:13:28 | 1:13:15 |
| 12 | 617 | Sandra Hoppe | w | Kilometerfresser | 1:13:29 | 1:13:18 |

Seniorinnen W40

| | | | | | | |
|----|-----|----------------------|---|-----------------------------|---------|---------|
| 1 | 492 | Ulrike Bickert | w | Marathonprojekt Darmstadt | 47:59 | 47:51 |
| 2 | 541 | Heidrun Bald | w | *Frankfurt | 52:22 | 52:16 |
| 3 | 437 | Silke Scrivener | w | SV Fun-Ball Dortelweil e.V. | 54:49 | 54:38 |
| 4 | 673 | Karin Stadie | w | SG Egelsbach | 55:11 | 55:00 |
| 5 | 728 | Jutta Thomas | w | *Erzhausen | 59:21 | 59:07 |
| 6 | 29 | Stefanie Weber | w | Marathonprojekt Darmstadt | 1:00:15 | 1:00:00 |
| 7 | 374 | Verena Koch | w | *Neu-Isenburg | 1:00:30 | 1:00:18 |
| 8 | 637 | Dr. Sabine Dankmeier | w | Team Terrier | 1:06:33 | 1:06:24 |
| 9 | 65 | Britta Müller-Ludwig | w | SG Egelsbach | 1:13:27 | 1:13:15 |
| 10 | 408 | Carina Krause | w | Jsk Rodgau | 1:14:45 | 1:14:30 |
| 11 | 443 | Claudia Wesp | w | *Egelsbach | 1:15:57 | 1:15:39 |
| 12 | 99 | Sandra Skolik | w | SG Egelsbach | 1:24:32 | 1:24:31 |

Seniorinnen W45

| | | | | | | |
|---|-----|------------------------|---|----------------------|---------|---------|
| 1 | 320 | Sylvia Erkel | w | Radteam Neu-Isenburg | 47:43 | 47:42 |
| 2 | 340 | Katja Holzer | w | *Dreieich | 52:21 | 52:10 |
| 3 | 854 | Olivia Georg-Böhm | w | VfL Münster | 53:54 | 53:48 |
| 4 | 33 | Susanne Bokeloh | w | LG Langen | 54:22 | 54:21 |
| 5 | 750 | Ramona Meister | w | *Egelsbach | 55:13 | 55:06 |
| 6 | 462 | Tanja Hett | w | *Bad Homburg | 57:15 | 57:09 |
| 7 | 698 | Alexandra Bader-Hitzel | w | frei laufen Rodgau | 1:04:53 | 1:04:41 |
| 8 | 337 | Monika Konrad | w | Laufftreff Egelsbach | 1:06:46 | 1:06:43 |

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| AKPI | Startnr. | Name | m/w | Verein/*Ort | Zeit-Brutto | Zeit-Netto |
|------|----------|-----------------|-----|-------------|-------------|------------|
| 9 | 71 | Anke Schiefer | w | *Darmstadt | 1:12:43 | 1:12:27 |
| 10 | 311 | Phikun Weidhase | w | *Frankfurt | 1:13:22 | 1:13:21 |

Seniorinnen W50

| | | | | | | |
|---|-----|----------------------|---|---------------------------|---------|---------|
| 1 | 717 | Johanna Thilenius | w | Marathonprojekt Darmstadt | 56:25 | 56:16 |
| 2 | 748 | Gillian Königer | w | *Egelsbach | 57:52 | 57:47 |
| 3 | 616 | Agnes Mandler | w | Kilometerfresser | 58:03 | 57:51 |
| 4 | 432 | Anke Schocke | w | SchockeFamily | 1:00:43 | 1:00:34 |
| 5 | 624 | Kerstin Hennig | w | MTV Kronberg | 1:02:44 | 1:02:31 |
| 6 | 821 | Loraine Langer | w | *Egelsbach | 1:04:11 | 1:04:07 |
| 7 | 80 | Inga-Jana Herold | w | BF Frankfurt | 1:04:20 | 1:04:09 |
| 8 | 244 | Brigitte Gnadl | w | *Dietzenbach | 1:07:39 | 1:04:13 |
| 9 | 747 | Ellen Stark-Bachmann | w | Lauffreff Egelsbach | 1:04:24 | 1:04:20 |

Seniorinnen W55

| | | | | | | |
|---|-----|--------------------------|---|-----------------------|---------|---------|
| 1 | 308 | Vera Becker | w | Radteam Neu-Isenburg | 57:10 | 57:04 |
| 2 | 815 | Barbara Donnerstag | w | Red-Team Neu-Isenburg | 1:01:24 | 1:01:16 |
| 3 | 86 | Dagmar Janssen | w | LG Asslar-Werdorf | 1:03:00 | 1:02:46 |
| 4 | 855 | Jutta Klemm | w | TSG Altenhain | 1:08:46 | 1:08:32 |
| 5 | 141 | Petra Feer | w | STG Dreieich | 1:11:52 | 1:11:33 |
| 6 | 634 | Elvira Schwarz-Heiderich | w | *Bickenbach | 1:12:46 | 1:12:37 |

Seniorinnen W60

| | | | | | | |
|---|-----|--------------|---|------------|-------|-------|
| 1 | 526 | Beate Wenzel | w | *Egelsbach | 55:33 | 55:21 |
|---|-----|--------------|---|------------|-------|-------|

Seniorinnen W75

| | | | | | | |
|---|-----|-------------|---|-----------------------|---------|---------|
| 1 | 368 | Sigrid Beck | w | Bio Runner Rhein-Main | 1:22:13 | 1:22:03 |
|---|-----|-------------|---|-----------------------|---------|---------|

m

Männer

| | | | | | | |
|----|-----|------------------------------|---|-------------------|---------|---------|
| 1 | 655 | Stephan Kehr | m | LT Fritz | 38:41 | 38:40 |
| 2 | 835 | Sven Härter | m | *Riedstadt | 40:23 | 40:23 |
| 3 | 536 | Daniel Potapczuk | m | SC Steinberg | 42:09 | 42:07 |
| 4 | 427 | Dominik de La Rosa Fernandez | m | *Karben | 48:17 | 48:10 |
| 5 | 72 | Fabian Kuhn | m | *Darmstadt | 48:27 | 48:23 |
| 6 | 822 | Paulo Langer | m | *Egelsbach | 51:47 | 51:44 |
| 7 | 367 | Claudio Schiener | m | *Weiterstadt | 52:53 | 52:41 |
| 8 | 206 | Kris Petry | m | SC Steinberg | 55:28 | 55:09 |
| 9 | 366 | Stefan Schiener | m | *Alsbach-Hähnlein | 55:21 | 55:10 |
| 10 | 840 | Nachiket Buaria | m | *Frankfurt | 56:05 | 55:56 |
| 11 | 433 | Malte Schocke | m | SchockeFamily | 57:03 | 56:55 |
| 12 | 424 | Felix Kramer | m | *Darmstadt | 58:36 | 58:16 |
| 13 | 428 | Phuong Nguyen | m | *Karben | 59:31 | 59:24 |
| 14 | 623 | Victor Steindl | m | MTV Kronberg | 1:04:35 | 1:04:26 |

Senioren M30

| | | | | | | |
|----|-----|-------------------|---|---|---------|---------|
| 1 | 849 | Michael Burkardt | m | *Neuberg, Hess | 39:24 | 39:22 |
| 2 | 676 | Tobias Schuff | m | Eschbach Analysecenter Hünfeld | 39:57 | 39:56 |
| 3 | 845 | Gerald Maisch | m | *Bad Soden | 41:22 | 41:22 |
| 4 | 335 | Marco Dammann | m | *Dreieich | 43:26 | 43:25 |
| 5 | 808 | Michael Nbwaba | m | *Erzhausen | 44:20 | 44:19 |
| 6 | 354 | Aslan Öztürk | m | TuS Griesheim | 44:45 | 44:44 |
| 7 | 693 | Karsten Leistritz | m | Flexibel Physiotherapie | 53:02 | 52:59 |
| 8 | 302 | Vladimir Popov | m | Technion - Israel Institute of Technology | 54:56 | 54:55 |
| 9 | 830 | Jared Schell | m | *Egelsbach | 1:02:21 | 1:02:18 |
| 10 | 583 | Marco Sauer | m | *Rüsselsheim | 1:05:04 | 1:04:43 |
| 11 | 455 | Mike Schäfer | m | Forum Sprendlingen Nord e.V. - Forum Racers | 1:08:13 | 1:07:58 |
| 12 | 199 | Andre Scheuren | m | *Offenbach | 1:09:01 | 1:08:43 |
| 13 | 722 | Axel Gaussmann | m | *Egelsbach | 1:17:52 | 1:17:47 |

Senioren M35

| | | | | | | |
|---|-----|-------------------|---|---------------------------|-------|-------|
| 1 | 572 | Philipp Kroneberg | m | Marathonprojekt Darmstadt | 38:53 | 38:52 |
| 2 | 636 | Jürgen Weber | m | ABB Cables | 41:09 | 41:08 |

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| AKPI | Startnr. | Name | m/w | Verein/*Ort | Zeit-Brutto | Zeit-Netto |
|------|----------|-------------------|-----|---------------------------|-------------|------------|
| 3 | 285 | Meik Ebeling | m | *Wiesbaden | 45:54 | 45:41 |
| 4 | 476 | Sirko Ogriseck | m | VFS Rödermark | 47:26 | 47:24 |
| 5 | 187 | Steve Kober | m | *Egelsbach | 48:51 | 48:36 |
| 6 | 853 | Stephan Schweiger | m | LEX Laufexperten Mainz | 51:06 | 51:02 |
| 7 | 700 | Sebastian Stübner | m | PPC Neu-Isenburg | 51:59 | 51:44 |
| 8 | 218 | Björn Ohmstede | m | ABB Cables | 55:30 | 55:23 |
| 9 | 425 | Jonathan Cardy | m | *Frankfurt am Main | 55:53 | 55:43 |
| 10 | 837 | Sameer Nanda | m | *Frankfurt | 56:09 | 56:00 |
| 11 | 653 | Jörn Utsch | m | ESMI | 57:14 | 57:04 |
| 12 | 184 | Christian König | m | SG Egelsbach | 57:53 | 57:47 |
| 13 | 603 | Marcus Geiss | m | SG Egelsbach | 59:07 | 58:46 |
| 14 | 709 | Stefan Scheib | m | BSG Frankfurter Sparkasse | 59:42 | 59:29 |
| 15 | 746 | Tobias Christlieb | m | *Köln | 1:05:37 | 1:05:32 |

Senioren M40

| | | | | | | |
|----|-----|------------------|---|-----------------------------------|---------|---------|
| 1 | 647 | Jörg Kaiser | m | SC Steinberg | 38:23 | 38:22 |
| 2 | 658 | Thomas Wehner | m | Seebach | 41:34 | 41:32 |
| 3 | 505 | Marc Wilhelm | m | Marathonprojekt Darmstadt | 44:09 | 44:08 |
| 4 | 559 | Jürgen Branke | m | Eddersheimer Bahnschranken Gegner | 45:29 | 45:28 |
| 5 | 832 | Dirk Olenik | m | *Babenhausen | 47:22 | 47:21 |
| 6 | 644 | Tobias Pflüger | m | *Langen | 47:30 | 47:28 |
| 7 | 839 | Jens Pätzold | m | *Waldürn | 47:51 | 47:43 |
| 8 | 282 | Dirk Bröll | m | derjedimeister | 49:19 | 49:16 |
| 9 | 607 | Gerd Winkelbauer | m | Frei-Laufen | 52:16 | 52:05 |
| 10 | 399 | Michael Bartl | m | SPORTHÜBNER-Laufteam | 53:17 | 53:02 |
| 11 | 754 | Thomas Bolz | m | | 54:34 | 54:30 |
| 12 | 755 | Jan Pagels | m | | 55:23 | 55:19 |
| 13 | 703 | Stefan Wendel | m | SG Arheilgen - Triathlon | 56:24 | 56:16 |
| 14 | 460 | Marcus Holschuh | m | *Babenhausen | 57:47 | 57:41 |
| 15 | 444 | Mario Schmitz | m | *Dreieichenhain | 58:59 | 58:40 |
| 16 | 713 | Andreas Frank | m | *Langen | 1:00:47 | 1:00:37 |
| 17 | 442 | Pierre Wesp | m | *Egelsbach | 1:07:55 | 1:07:36 |

Senioren M45

| | | | | | | |
|----|-----|---------------------|---|---------------------------|---------|---------|
| 1 | 222 | Mario Hühn | m | LG Langen | 42:54 | 42:53 |
| 2 | 253 | Oliver Loitz | m | SG Egelsbach | 45:39 | 45:23 |
| 3 | 128 | Heiko Knebel | m | Wirtschaftsbetrieb Mainz | 46:15 | 46:12 |
| 4 | 315 | Jörg Buxbaum | m | SSG Langen | 48:30 | 48:24 |
| 5 | 73 | Roland Ohlemüller | m | TV 1888 Reinheim | 48:31 | 48:26 |
| 6 | 223 | Bodo Hoffmann | m | SC Steinberg | 48:36 | 48:30 |
| 7 | 809 | Wolfgang Nau | m | Langen | 49:20 | 49:17 |
| 8 | 810 | Martin Urban | m | TSV 03 Wolfskehlen | 52:13 | 52:10 |
| 9 | 242 | Jörg Elm | m | Team Erdinger Alkoholfrei | 52:18 | 52:16 |
| 10 | 326 | Gunnar Weider | m | *Rodgau | 53:41 | 53:26 |
| 11 | 491 | Heiko Idler | m | frei-laufen Rodgau | 54:28 | 54:16 |
| 12 | 669 | Peter Bellinghausen | m | *Erzhausen | 54:48 | 54:33 |
| 13 | 649 | Reiner Engelmohr | m | ESMI | 54:49 | 54:39 |
| 14 | 36 | Tom Kisch | m | *Bensheim | 1:00:19 | 1:00:14 |
| 15 | 745 | Ulrich Bachmann | m | Lauffreff Egelsbach | 1:04:24 | 1:04:20 |
| 16 | 207 | Stephan Zinke | m | Pfungstädter Laufcup | 1:11:01 | 1:10:58 |
| 17 | 543 | Bernd Zumbach | m | *Bensheim | 1:14:19 | 1:14:13 |
| 18 | 409 | Matthias Bachmann | m | Dscl Langen | 1:14:45 | 1:14:30 |

Senioren M50

| | | | | | | |
|----|-----|-------------------|---|---------------------------|---------|---------|
| 1 | 566 | Frank Keim | m | Die Kaltduscher | 46:27 | 46:25 |
| 2 | 679 | Peter Partes | m | LG BEC | 47:03 | 46:58 |
| 3 | 493 | Thilo Bickert | m | Marathonprojekt Darmstadt | 49:48 | 49:40 |
| 4 | 531 | Thomas Wagner | m | ohne Verein | 50:41 | 50:33 |
| 5 | 833 | Jürgen Härter | m | BSG Merck | 53:52 | 53:47 |
| 6 | 504 | Stefan Judt | m | LG Langen | 53:58 | 53:51 |
| 7 | 114 | Michael Dohmen | m | SSG Langen | 54:40 | 54:35 |
| 8 | 142 | Jens Schwarz | m | STG Dreieich | 57:58 | 57:41 |
| 9 | 544 | Bernd Koch | m | *Langen | 59:06 | 58:53 |
| 10 | 668 | Patrick Wachsmuth | m | *Frankfurt | 1:00:30 | 1:00:18 |
| 11 | 429 | Thomas Böhm | m | Lauffreff Wixhausen | 1:01:56 | 1:01:48 |

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| AKPI | Startnr. | Name | m/w | Verein/*Ort | Zeit-Brutto | Zeit-Netto |
|------|----------|-------------------|-----|-------------------------------------|-------------|------------|
| 12 | 682 | Torsten Spielberg | m | *Langen | 1:03:31 | 1:03:21 |
| 13 | 829 | Thomas Rothermel | m | Waibstadt | 1:03:47 | 1:03:29 |
| 14 | 632 | Thorsen Heusinger | m | Kilometerfresser | 1:06:22 | 1:06:07 |
| 15 | 227 | Andre Sellmann | m | Auf Lauf 2000! | 1:07:24 | 1:07:17 |
| 16 | 856 | Bernd Krause | m | TSG Altenhain 1900 e.V. | 1:08:46 | 1:08:32 |
| 17 | 219 | Uli Hahn | m | LLE Laufende Labertaschen Egelsbach | 1:13:28 | 1:13:16 |
| 18 | 725 | Matthias Schmidt | m | Petanque Club Darmstadt 2010 e.V. | 1:16:54 | 1:16:41 |

Senioren M55

| | | | | | | |
|----|-----|-------------------|---|---|---------|---------|
| 1 | 638 | Herbert Breunig | m | TV 04 Wörth | 41:44 | 41:44 |
| 2 | 838 | Christian Noak | m | Schulzentrum Marienhöhe | 45:19 | 45:17 |
| 3 | 654 | Henning Kehr | m | LT Fritz | 48:36 | 48:33 |
| 4 | 174 | Michael Kimmel | m | LG Heine-Park Dreieich | 51:04 | 50:56 |
| 5 | 100 | Schapur Nikfarjam | m | Egelsbacher Lauftreff | 55:03 | 55:00 |
| 6 | 683 | Thomas Weitzel | m | *Langen | 55:21 | 55:12 |
| 7 | 413 | Helmut Bäumel | m | *Mühltal | 55:48 | 55:41 |
| 8 | 735 | Peter Schneider | m | *Liederbach | 56:39 | 56:24 |
| 9 | 458 | Thomas Wenzke | m | Forum Sprendlingen Nord e.V. - Forum Racers | 58:58 | 58:42 |
| 10 | 47 | Norbert Besier | m | *Oberbrechen | 1:03:43 | 1:03:39 |
| 11 | 631 | Günter Schanz | m | *Egelsbach | 1:03:57 | 1:03:47 |
| 12 | 456 | Uwe Flesch | m | Forum Sprendlingen Nord e.V. - Forum Racers | 1:06:18 | 1:06:02 |
| 13 | 548 | Jürgen Becker | m | KG Egelsbach 1937 e.V. | 1:09:51 | 1:09:35 |

Senioren M60

| | | | | | | |
|----|-----|----------------------|---|---|---------|---------|
| 1 | 516 | Richard Müller | m | LG Dreieichenhain | 46:38 | 46:30 |
| 2 | 341 | Rainer Neumann | m | TSG Wixhausen | 46:59 | 46:58 |
| 3 | 852 | Hermann Henne | m | Spiridon Frankfurt | 48:57 | 48:56 |
| 4 | 753 | Heinrich Blumenstein | m | LT Weiterstadt | 53:45 | 53:38 |
| 5 | 205 | Herbert Kajath | m | SC Dreieichenhain | 55:27 | 55:21 |
| 6 | 790 | Thomas Heyer | m | Die Kalduscher | 56:49 | 56:42 |
| 7 | 688 | Karl-Heinz Schiener | m | tsg wix montagser | 59:30 | 59:19 |
| 8 | 79 | Gerd Herold | m | BF Frankfurt | 1:03:21 | 1:03:10 |
| 9 | 140 | Günther Belz | m | SG Egelsbach | 1:04:02 | 1:03:49 |
| 10 | 841 | Bernd Schwarting | m | Allwetterfüße | 1:06:37 | 1:06:18 |
| 11 | 457 | Mahmood Raja | m | Forum Sprendlingen Nord e.V. - Forum Racers | 1:06:32 | 1:06:30 |
| 12 | 524 | Michael Hofmann | m | *Dietzenbach | 1:14:29 | 1:14:05 |

Senioren M65

| | | | | | | |
|---|-----|-------------------|---|--------------------------|---------|---------|
| 1 | 44 | Alfred Traue | m | BELC89 Frankfurt | 50:49 | 50:47 |
| 2 | 850 | Friedrich Teutsch | m | TSG Dossenheim | 53:47 | 53:42 |
| 3 | 194 | Hans Sackmann | m | TSG Messel | 56:43 | 56:35 |
| 4 | 708 | Lutz Prenzel | m | Blue Viking Running Team | 57:38 | 57:28 |
| 5 | 338 | Harald Thiel | m | TSG Wixhausen | 1:09:31 | 1:09:16 |
| 6 | 598 | Günter Knoll | m | SKV Büttelborn | 1:10:12 | 1:09:56 |
| 7 | 721 | Werner Hock | m | TSG Altenhain | 1:10:53 | 1:10:39 |
| 8 | 465 | Rudolf Lehmann | m | *Langen | 1:42:29 | 1:42:14 |

Senioren M70

| | | | | | | |
|---|-----|------------------------|---|--------------------|---------|---------|
| 1 | 168 | Heinz Göhring | m | LT Hemsbach | 54:12 | 54:00 |
| 2 | 819 | Axel Wildmann | m | LG BSN | 54:37 | 54:34 |
| 3 | 350 | Ernst-Ludwig Schaffner | m | TSV 03 Wolfskehlen | 57:33 | 57:28 |
| 4 | 782 | Hermann Hastenteufel | m | Mosbach | 1:01:37 | 1:01:28 |
| 5 | 430 | Wilhelm Schreyer | m | LT Heppenheim | 1:12:22 | 1:12:01 |
| 6 | 291 | Michael Tabbert | m | SV Traisa | 1:15:44 | 1:15:35 |

Senioren M75

| | | | | | | |
|---|-----|----------------------------|---|------------------------------------|---------|---------|
| 1 | 588 | Gerhard Christian Fleißner | m | LT - Egelsbach | 55:03 | 55:00 |
| 2 | 626 | Herbert Schoormann | m | LG-BEC Biebesh. Eschollbr. Crumst. | 1:00:10 | 1:00:06 |
| 3 | 783 | Heinz Langmaack | m | Nowalala Sports Offenbach | 1:17:47 | 1:17:42 |

Anzahl Teilnehmer: 207